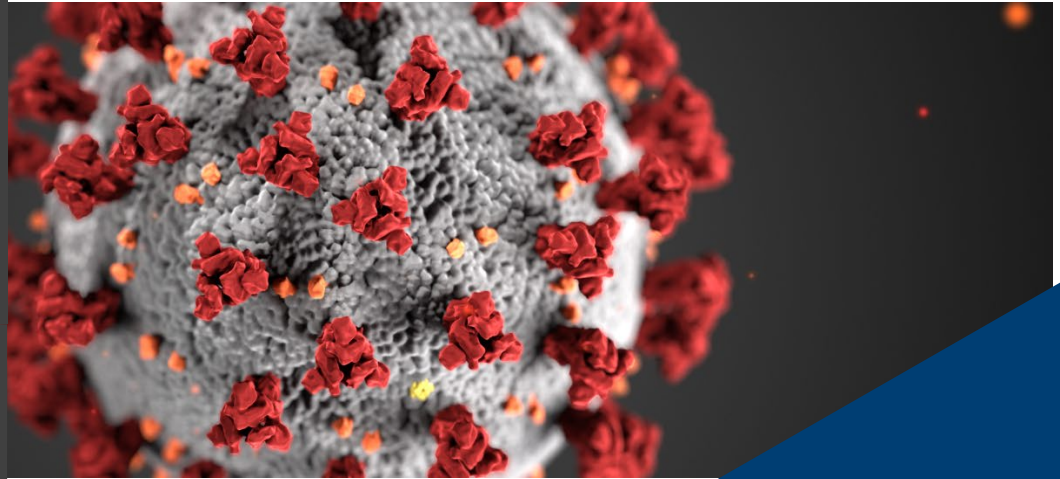


IN THE
TIME
OF
COVID-19



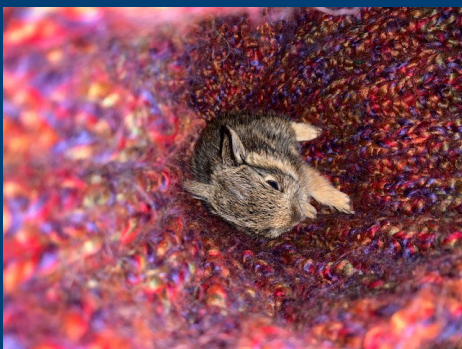
WELCOME

This is CHOIR’s collective effort for expressing and documenting our extraordinary, lived experiences in the time of COVID-19.

#COVIDCREATIVITY
@VA_CHOIR on Twitter

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AROUND HSR&D



Unexpected Pandemic Pal

JODIE KATON

TIK TOK



“Ghen Cô Vy” is coronavirus-themed song remix commissioned by Vietnam’s National Institute of Occupational Safety and Health to promote public health measures such as proper handwashing and social distancing. Ho Chi Minh City choreographer Quang Đăng created a dance to accompany the song, which quickly went viral on TikTok (a video-based social media app). We hereby present CHOIR’s entry to the TikTok #ghencovychallenge! While using video conference software presented some challenges to coordinating our sound and dance moves, we’re still glad it let us practice “Physical Distancing and Social Connectedness” and spread an important public health message at the same time.

**VANESSA MERKER, ALLEN
GIFFORD, STEPHANIE
ROBINSON, KELLY
STOLZMANN,
HILLARY MULL**

A HAIKU SERIES
CONFERENCE CALLS

An echoed phone, can
You please place on mute? Next slide.
Sorry, who just joined?

I’m sharing my screen
It’s still loading. No worries,
I’ll email it out.

I didn’t catch that.
You cut out there, please repeat.
Top of the hour!

WORKING PARENT
SERIES

The number of kids
Has grown exponentially
And yet there are three

Man plans, and God laughs
Mom plans, and the Children laugh
Shoulder shrug and sigh.

On a call, background
Noise. Mute, open door, furrowed
Brow. No more loud screams.

TERRI POGODA

COVID-19 is a big game changer,
Business as usual is a real danger.
Working at the office is a thing of the past,
No one knows how long this will last.

Teleworking gives us the option to work,
Staying in pjs is just one perk.
One way to meet with others is Zoom,
All you need is a computer and a room.

If you don't have a separate space to go,
You may have your pets and kids in tow.
But empathy and understanding is part of CHOIR,
Especially when the situation outside is dire.

The clinicians deserve our thanks and gratitude,
Selflessness and heroism they exude.
Even to grocery stores I don't want to go!
They deserve so much credit, that I know.

My kids said don't send it – it's really not good!
A five year old could do better – I bet they could!
But on COVID-19 I can't spend more time,
So I'm signing off with this last rhyme.

Normalcy will return one day.
Will it be April? Will it be May?
When this will end only time will tell,
Until that point, all stay well!

MICHELLE ORNER

AROUND HSR&D

Each day, I send my staff an email around noon, and I try to include a funny photo or poll question that everybody can participate in. Last week's question was: what was something you ate as a child that you would never eat now? Here are the responses from my 12:

1. Meatloaf
2. Pigs feet
3. Liver and onions
4. Pixie Stix
5. Sugar water (?)
6. Chef Boyardee Beef Ravioli
7. SpaghettiOs
8. "Rochester Garbage Plate"
9. Taco Bell
10. Egg yolks (uncooked)
11. Pop-Tarts
12. Kid Cuisine Frozen Dinners

KRISTIN MATTOCKS

DISTRACTION



SAM CONNOLLY